




SPACE

Producing HAI Workshops in Australia

Supporting Programs for Awareness, Creativity and Expansion

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Our weekend workshop, 18th
- 20th March 2016

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Presented by Denise Cook
Sydney, NSW
22nd May 2016

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Meetup support group in
Sydney

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Happy New Year

Welcome to 2016. I hope that wherever you are you are finding time to relax and enjoy this time of the year. Thank you for accepting our newsletter and for being a part of our journey to bring more loving connections to the world.

If you have not yet had the opportunity to experience the beautiful workshops of the Human Awareness Institute I really encourage you to join us and experience these amazing workshops. They are truly life changing.

If you are in Sydney we have 2 Free Mini Workshops scheduled in February that give a little taste of what you can experience in our workshops. If you cannot make these evenings I would welcome the opportunity to speak and answer any questions you have about the workshops.

Our mini workshop dates are February 10th and 25th at the Crows Nest Community Centre, 2 Ernest PI Crows Nest commencing at 7pm.

Please see the information below regarding our workshops scheduled for the early part of the year. I look forward to meeting you at one of our events.



[Free Mini Workshops](#)

A free preview of what you can expect in our longer events. In a safe and nurturing environment, you can learn and practice many ways to improve your relationships + Visit [SPACE](#) for dates, times and locations around Australia.

[HAI Level 1 Workshop: Love is a Miracle](#)

A residential weekend workshop in the NSW Hunter Valley 18th - 20th March, 2016
"Even if you don't believe in miracles, come prepared to experience one."

[Pathways to Intimacy - Sydney](#)

A profound one-day workshop in Crows Nest on 22nd May 2015
Your first step along the path to deeper and more meaningful relationships+

Love is a Miracle

Life is a journey and one of the most sacred parts of this journey is your relationship with yourself and your relationship with others. The Human Awareness Institute (HAI) is a safe place to explore, enhance and discover ways to communicate intimately and become more confident in your relationships and sexuality.

"Love is a Miracle" is a Love, Intimacy and Sexuality Workshop designed to show you how to fall more deeply in love with yourself and others, learn to trust, heal past hurt from relationships, discover how to fully and authentically share who you really are with others by allowing yourself to risk, and expand and grow beyond your normal limitations. You'll experience love, trust and relationships in a way you've never before thought possible.

Even if you don't believe in miracles, come prepared to experience one.

When: 18th - 20th March, 2016

Where: Hunter Valley, NSW

Workshop Price: \$670

Newsletter Special Price: \$580

To register, please go to:

<http://space.org.au/workshops/registration> and select **"Love is a Miracle"**.

Further information

Please contact us on
02 8005 1085, or email us
at info@SPACE.org.au



MISSION STATEMENT

The Human Awareness Institute (HAI) empowers individuals to be potent, loving, contributing human beings. HAI promotes personal growth and social evolution by replacing ignorance and fear with awareness and love. HAI aims to create a world where people live together in dignity, respect, understanding, trust, kindness, compassion, reverence, honesty and love. The Human Awareness Institute is committed to creating a world where everyone wins.

For more information: Email us at info@SPACE.org.au, or call (02) 8005 1085.

This is a residential workshop for singles & couples.

Your Facilitators:



Jason Weston



Felicia Williams Cosey

Jason Weston has been practicing HAI principles in his own life for more than 30 years. He was trained at the Process Therapy Institute, holds a degree in philosophy from the University of California, Berkeley and is an internationally acclaimed fine art photographer. He loves to assist individuals and couples in creating for themselves the lives they really want by guiding them to see and express their own beauty, power and love. Jason is the Executive Director of HAI Global, and is passionate about creating a world where everyone wins.

Felicia Williams Cosey Ph.D. has more than twenty years experience helping people develop strong, supportive, lovingly effective relationships. She guides individuals to find, build and live their unique lifework dream. She helps couples gain skills to fuel their love while resolving issues. As a consultant specializing in Organizational Change Management, Felicia also aids business organizations in developing people-systems that



Newsletter produced by Neil Grainger and Irene Jehnich.

match their long-term strategic goals. She loves assisting people in their personal growth, especially in dealing with issues of life transitions, relationship challenges, career change, overcoming childhood traumas, and developing self-love and personal power.

‘Pathways to Intimacy’

Experience a day of discovering your authentic self, in what can only be described as "A Profound One-day Workshop!"

Engage in the one-on-one and group processes, co-create a safe and trusting environment and see that there are no *right* or *wrong* answers.

Experience freedom in having your own personal experience.

Note: There is no pre-requisite for doing this workshop. Anyone from age 16 upwards can attend, and couples and singles are both welcome.

When: 22nd May, 2016

Where: Crows Nest, Sydney

Workshop Price: \$145 Early bird by 8 May
or \$175 after 8 May

To register, please go to:

<http://space.org.au/workshops/registration> and select

“Pathways to Intimacy.”

For more information: Email us at info@SPACE.org.au,
or call (02) 8005 1085.

Your Facilitator:



Denise Cook

Denise Cook has been a Personal Growth Counsellor, a therapist, educator, consultant and workshop facilitator for nearly 30 years. She makes a difference in people's lives by supporting them with relationship issues, intimacy issues, sexual healing, emotional release and communication skills. Denise also leads the acclaimed and transformational "Pathways to Intimacy" workshop for the Human Awareness Institute in Australia. She has a successful private practice in Crows Nest, Sydney Australia where she works with individuals and couples.

Join "Exploring Intimacy - Sydney"

For a sample of the Human Awareness Institute's work join our [Meet up Group in Sydney](#). We gather at least once a month, spending quality time exploring and expanding aspects of intimacy.

SERVICES DIRECTORY

Neil Grainger Life Coach. Australia-wide. 042 5210 962, neil.grainger@bigpond.com

Denise Cook Personal Growth Counsellor. Sydney and Australia-wide. denisecook@ozemail.com.au, (02) 9460 7091, www.denisecook.com.au

Jude Burger Improve the Way you Think - Act - Relate: www.thinkactrelate.com

Maureen Matthews: Online Store Specialising in all aspects of female sensuality. In Melbourne and offering Australia wide deliveries: (03) 9481 2455; E: admin@bliss4women.com

Abe Moses Life Coach, Holistic Business Consultant, Tantric Massage Practitioner. Sydney. 0418 769 372, www.intimate-encounters.com.au

Ed Love: Website Design, Internet, Computer and Smartphone Consulting. 20% Discount for HAI Grads. 0411-111-816 or www.edlovewebdesign.com

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