

# Level 4 of the HAI

## Love, Intimacy, and Sexuality Workshops:

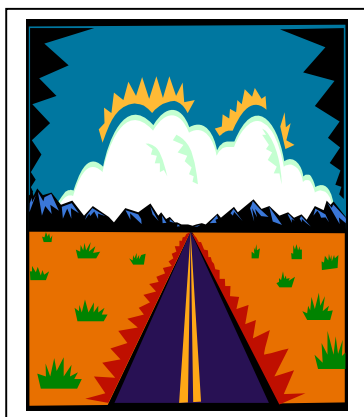
# Sexuality and Spirituality

### 18<sup>th</sup> March – 20<sup>th</sup> March, 2011 – Birrigai

To freely offer our heart and soul to another requires that we love and accept ourselves as we are, including our sexuality and spirituality. In Level 4, the more they are explored, the more the lines between the two blur.

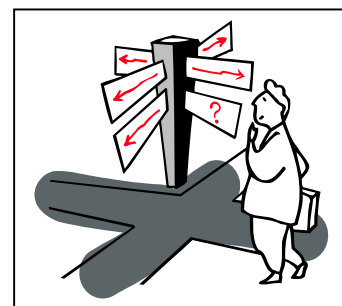
- ♥ *Are you longing to connect your body, mind and soul?*
- ♥ *Are you wondering where – or if – sexuality fits with spirituality?*
- ♥ *Do you want oneness, unity and love?*
- ♥ *Do you want to be fully satisfied in the moment?*

Explore the answers to these and other provocative questions in a workshop that guides you in integrating your spirituality with your sexuality. The marriage of spirituality and sexuality opens the door to a new way of relating.



Join us in LEVEL 4 and...

- ♥ Recognize what experience you are really looking for when you think you want a sexual engagement or spiritual connection
- ♥ Discover new depths of intimacy in your relationships
- ♥ Develop confidence in your ability to respond directly and honestly when others make requests
- ♥ Examine your beliefs about sexuality, spirituality and uncover what they mean to you
- ♥ Claim full ownership of your identity as a woman or as a man
- ♥ Access the incredible spiritual energy available through your sexuality
- ♥ Experience the source of your spirituality as being in your body, rather than somewhere outside yourself



*HAI Workshops in Australia are produced by SPACE Inc.  
Supporting Programs for Awareness, Creativity and Expansion*

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